

Recommended time for assessment:

	Basic	Intermediate	Advanced
Admission to study hospital		X	X + PCL-C

Neurological assessment: symptoms and signs in mild TBI

<u>ACE</u>			
Physical:		Cognitive:	
Headache	<input type="radio"/> No <input type="radio"/> Yes	Feeling mentally foggy	<input type="radio"/> No <input type="radio"/> Yes
Nausea	<input type="radio"/> No <input type="radio"/> Yes	Feeling slowed down	<input type="radio"/> No <input type="radio"/> Yes
Vomiting	<input type="radio"/> No <input type="radio"/> Yes	Difficulty concentrating	<input type="radio"/> No <input type="radio"/> Yes
Balance problems	<input type="radio"/> No <input type="radio"/> Yes	Difficulty remembering	<input type="radio"/> No <input type="radio"/> Yes
Dizziness	<input type="radio"/> No <input type="radio"/> Yes	Emotional:	
Visual problems	<input type="radio"/> No <input type="radio"/> Yes	Irritability	<input type="radio"/> No <input type="radio"/> Yes
Fatigue	<input type="radio"/> No <input type="radio"/> Yes	Sadness	<input type="radio"/> No <input type="radio"/> Yes
Sensitivity to light	<input type="radio"/> No <input type="radio"/> Yes	More emotional	<input type="radio"/> No <input type="radio"/> Yes
Sensitivity to noise	<input type="radio"/> No <input type="radio"/> Yes	Nervousness	<input type="radio"/> No <input type="radio"/> Yes
Numbness/tingling	<input type="radio"/> No <input type="radio"/> Yes	Do these symptoms worsen with:	
Sleep:		Physical activity: <input type="radio"/> No <input type="radio"/> Yes	
Drowsiness	<input type="radio"/> No <input type="radio"/> Yes	Cognitive activity: <input type="radio"/> No <input type="radio"/> Yes	
Sleeping less than usual	<input type="radio"/> No <input type="radio"/> Yes	Overall rating: how different is the person acting compared to his/her usual self?	
Sleeping more than usual	<input type="radio"/> No <input type="radio"/> Yes	Normal <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 Very different	
Trouble falling asleep	<input type="radio"/> No <input type="radio"/> Yes		

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Physical:		Cognitive:	
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Nausea	<input type="radio"/> No <input type="radio"/> Yes	Feeling slowed down	<input type="radio"/> No <input type="radio"/> Yes
Vomiting	<input type="radio"/> No <input type="radio"/> Yes	Difficulty concentrating	<input type="radio"/> No <input type="radio"/> Yes
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Visual problems	<input type="radio"/> No <input type="radio"/> Yes	Irritability	<input type="radio"/> No <input type="radio"/> Yes
Fatigue	<input type="radio"/> No <input type="radio"/> Yes	Sadness	<input type="radio"/> No <input type="radio"/> Yes
Sensitivity to light	<input type="radio"/> No <input type="radio"/> Yes	More emotional	<input type="radio"/> No <input type="radio"/> Yes
Sensitivity to noise	<input type="radio"/> No <input type="radio"/> Yes	Nervousness	<input type="radio"/> No <input type="radio"/> Yes
Numbness/tingling	<input type="radio"/> No <input type="radio"/> Yes	Do these symptoms worsen with:	
Sleep:		Physical activity:	<input type="radio"/> No <input type="radio"/> Yes
Drowsiness	<input type="radio"/> No <input type="radio"/> Yes	Cognitive activity:	<input type="radio"/> No <input type="radio"/> Yes
Sleeping less than usual	<input type="radio"/> No <input type="radio"/> Yes	Overall rating: how different is the person acting compared to his/her usual self?	
Sleeping more than usual	<input type="radio"/> No <input type="radio"/> Yes	Normal <input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4 <input type="radio"/> 5 <input type="radio"/> 6 Very different	
Trouble falling asleep	<input type="radio"/> No <input type="radio"/> Yes		

PTS CHECKLIST: Post Traumatic Stress Disorder Checklist – Civilian Version (PCL-C):

Below is a list of problems and complaints that people sometimes have in response to stressful life experiences. Please indicate how much you have been bothered by the following IN THE PAST MONTH.
(ONLY TO BE COMPLETED BY PERSON WITH TBI)

At
Admission
to PRC

1. Repeated, disturbing memories, thoughts or images of a stressful experience from the past

2. Repeated, disturbing dreams of a stressful experience from the past

3. Suddenly acting or feeling as if a stressful experience from the past were happening again (as if you were reliving it)

4. Feeling very upset when something reminded you of a stressful experience from the past

5. Having physical reactions (i.e. heart pounding, trouble breathing, sweating) when something reminded you of a stressful experience from the past

6. Avoiding thinking about or talking about a stressful experience from the past or avoiding having feeling related to it

7. Avoiding activities or situations because they reminded you of a stressful experience from the past

8. Trouble remembering important parts of a stressful experience from the past

9. Loss of interest in activities that you used to enjoy

10. Feeling distant or cut off from other people

11. Feeling emotionally numb or being unable to have loving feelings to those close to you

12. Feeling as if your future will somehow be cut short

13. Trouble falling or staying asleep

14. Feeling irritable or having angry outbursts

15. Having difficulty concentrating

16. Being super alert or watchful or on guard

17. Feeling jumpy or easily startled

1 = not at all

2 = a little bit

3 = moderately

4 = quite a bit

5 = extremely

9 = unknown/not sure