

# HEIGHT AND WEIGHT

**Height**  
**Weight**

<b>1. CDE Variable</b>	Height: body length Weight: body weight
<b>2. CDE Definition</b>	
<b>3. Recommended instruments for assessment</b>	Height measurement device, Yardstick or stadiometer; scales/estimated
<b>4. Description of measure</b>	Weight: kg or lbs Height: cm or inch
<b>5. Permissible values</b>	<u>Body weight</u> : 1-200 kg or 2-440 lbs <u>Height</u> : 30-230 cm or 11-90 inch
<b>6. Classification: Basic/Intermediate/Advanced</b>	Identical
<b>7. Procedure</b>	Height and weight can be measured or estimated upon admission, or alternatively information may be obtained from relatives.
<b>8. Comments/Special instructions:</b> Actual measurements are preferred; however this may not always be simple in more severely injured patients. Under these circumstances, obtaining information from relatives is more appropriate.	
<b>9. Rationale/justification:</b> Documentation of height and weight is motivated by two reasons: 1. the risk of (systemic) complications is greater in the presence of obesity 2. body weight is important for calculating required doses of (study) medications.	
<b>10. References:</b>	